



**Mira Costa
Model United Nations
Travel Conference Shirts
\$40.00**

Mr. Timberlake has requested that all students in Model UN in grades 10-12 have a standard Mira Costa Model United Nations shirt to wear to the airport for travel conferences. A green and gold, 100% polyester blend, button-down bowling shirt will be ordered with "MUN" embroidered on the back.

The total cost of the shirts is in excess of what is being charged but the MUN Booster Club is supplementing the cost of every shirt so each student that orders only owes \$40.00. They are available in adult sizes S, M, L, XL and XXL.

These are the same shirts as in prior years so students who currently own a Model UN bowling shirt do not need to order one unless they have outgrown their existing ones. This will be the only opportunity during this school year to order the bowling shirts as there needs to be a bulk order to obtain our current price.

If you need to purchase a Model UN Bowling Shirt at this time, please add \$40 to the amount owed on the registration invoice and indicate the size needed.

Questions? Please contact Anita Bhakta at anita.bhakta@verizon.net (please put "Model UN-bowling shirt" in the subject line)

Dear MUN Family,

Currently the Model UN program takes close to 100 student delegates to 3-5 local conferences a year. Over a 2-day conference - that can add up to be a lot of buses! In order to help cover these costs, Mr. Knutson and Mr. Timberlake, along with the Booster Club, did some calculations, and feel that \$75 is the minimal amount we can collect, but it will certainly cover our costs.

We would like to collect \$75 from each student to help defray this cost. We will put this money in our ASB account and the buses will be paid for through this account. The money will be kept separate and used only for buses.

Thank you.

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Please return this portion, thank you:

Student Name _____

Amount Enclosed (check payable to MCHS MUN) \$75 Check No _____

Parent Name _____

Female _____ Male _____

**MANHATTAN BEACH UNIFIED SCHOOL DISTRICT
Mira Costa High School**

ATHLETIC/ACTIVITY EMERGENCY CARD 2010-2011

Print Last Name _____ First Name _____ Middle Initial _____ Grade _____ Sport _____

Address _____ City _____ Zip _____ Home Phone Number _____

Did you transfer from another high school? _____ List date, name, city and state of high school from which you transferred _____

Father/Guardian's Name _____ Father/Guardian's Phone Number _____ Mother/Guardian's Name _____ Mother/Guardian's Phone Number _____

Father's Work Number _____ Mother's Work Number _____ Other to Call in Emergency (Name and Phone Number) _____

<p>▶ Medication(s) athlete uses: _____</p> <p>▶ Purpose of medication: _____</p> <p>▶ List any physical condition or injury that should be watched: _____</p> <p>_____</p> <p>▶ Print physician's name _____ ▶ Print physician's phone number _____</p>

***** PARENT CONSENT *****

I hereby give my consent for the above-named (student) to compete in sports and go with a representative of the school on any school related trip. **In case of injury, you are authorized to have him/her treated.**

▶ _____ ▶ _____ ▶ _____ ▶ _____
Date Parent/Guardian Signature Name of Insurance Co. Policy/Group No.

Medical Insurance:

California Education Code states that all students who participate in a co-curricular activity must have insurance coverage prior to practice or participation. If students do not have insurance coverage with their family, they may purchase school insurance from Meyers-Stevens. Medical brochures and forms are available in the school office and must be returned. Please address insurance questions to Paula Spence, Vice Principal/Director of Athletics, (310) 318-7337, ext 5010/5028.

<p>Please return the completed form by September 23, 2010 to: MCHS MUN Booster Club c/o Fran Schiff, 3504 Pine Avenue, Manhattan Beach, CA 90266 OR place in the secure mailbox in Mr. Timberlake's room PLEASE DO NOT HAND TO MR TIMBERLAKE, MR KNUTSON OR A FELLOW STUDENT! Thank you!</p>
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**MANHATTAN BEACH UNIFIED SCHOOL DISTRICT
STUDENT CODE OF CONDUCT
FOR FIELD TRIPS**

School-sponsored field trips are planned with an educational objective. The success of these field trips depends upon the conduct of all students who participate.

Participation in a district/school-sanctioned field trip is a privilege. It should be noted that attendance is voluntary, not mandatory, and, as such, the student agrees to abide by the rules and regulations or forfeit his/her personal rights to participate in the field trip. In order that everyone receives maximum benefit from their participation on this field trip, the "Student Code of Conduct" must be adhered to at all times. There are standards for behavior that students are expected to uphold at all times. These include:

1. Respecting public and private property at all times.
2. Obeying all policies of the Manhattan Beach Unified School District, school, and organization in effect for the duration of the field trip.
3. Conducting oneself in a courteous and respectful manner at all times.
4. Remaining in the presence of adult supervision at all times, unless explicit consent has been given by an adult supervisor.
5. Following directions and instructions of chaperones without fail.
6. Refraining from bringing, consuming, or being in the presence of drugs, alcohol, or tobacco. Understanding that choosing to bring, consume, or be in the presence of others who are consuming will lead to suspension and/or expulsion, as well as immediate termination of the field trip privilege. Consequences will be applied regardless of whether the student has brought or consumed alcohol, tobacco, or drugs, or has associated with, or is in the presence of others who are consuming drugs, alcohol, or tobacco.
7. Acquiring a physician's written orders to carry and take any prescription medication.
8. Adhering to the field trip dress code.
9. Abiding by the curfew established.
10. Spending each night in the assigned room.
 - a. No student may leave his/her room for any reason after lights are out without a chaperone's permission and presence. The only exception to this rule is when all hotel guests are to respond immediately to a fire alarm or other emergency situation.
 - b. No student shall be in another student's room when the other student is of the opposite gender, unless a chaperone is present.
11. Consenting to a luggage check by appropriate school sponsors prior to leaving for the field trip, and upon return.
12. Allowing to a search of the room and personal belongings at any time deemed necessary by the appropriate school sponsors.

**MANHATTAN BEACH UNIFIED SCHOOL DISTRICT
STUDENT CODE OF CONDUCT
FOR FIELD TRIPS**

I agree that if for any reason I am in violation of the rules of the field trip, I may be brought before the appropriate school personnel for disciplinary action. I further agree to accept the penalty imposed on me, with the understanding that all such actions will be explained to me. I further realize that the severity of the penalty may increase with the severity of the violation, even to the extent of being sent home *immediately at my own expense or being arrested by law enforcement officers.*

Rule violations will be dealt with in the following manner:

1. The teacher sponsor will take immediate action for any rule violation.
2. The teacher sponsor will notify the principal of the violation and the action taken and make a recommendation for disciplinary action.
3. Violators will have the opportunity to state their version of what happened to the principal.
4. The principal will make the formal decision as to the penalty imposed based on all evidence presented.
5. The penalties may include the following:
 - a. Reprimand
 - b. Probationary period
 - c. Disqualification from future activities
 - d. Being sent home at own expense
 - e. Suspension and/or recommendation for expulsion from school
6. All appropriate personnel will be notified

I understand the behavior expectations and the consequences of violating the Student Code of Conduct. I have read this code and agree to comply with all of the rules and regulations, as outlined by the teacher sponsor.

Date

Signature of Student

I understand and support the behavior expectations and the consequences if my child violates the Student Code of Conduct. My child has read this form and will comply with all of the rules and regulations as outlined by the teacher sponsor.

Date

Signature of Parent / Guardian

The above Student Code of Conduct has been explained to the field trip participant. I have notified the participants as to the rules and regulations of this field trip. I will serve as the appropriate teacher sponsor during the field trip by signing below.

Date

Signature of Teacher Sponsor

Mira Costa High School

Model United Nations Booster Club

Student/Adult Participation in Voluntary Activity

Hold Harmless Authorization

*(For all participating students and adult volunteers who are not employed by the
Manhattan Beach Unified School District.)*

Date _____

Name Student/Participant: _____ hereby requests
participation in Model United Nations activities, including travel conferences
for the 2010-2011 school year.

Name Parent (if minor): _____

Address: _____

I/we understand that this activity is voluntary. I/we understand that this activity, like any activity, could cause illness and/or injury, and loss to property. As a condition of my participation in the Manhattan Beach Mira Costa High School Model United Nations Booster Club, its officers and volunteers; and to indemnify and hold Mira Costa High School Model United Nations Booster Club, its officers and volunteers harmless from any and all liability or claims, demands, losses, causes of action, suits or judgments of any kind whatsoever for all Model United Nations related activities for the 2010-2011 school year, including local and out of town conferences.

Signature Participant: _____ Date: _____

Signature (minor) Parent: _____ Date: _____



Mira Costa Model United Nations 2010 Poinsettia Fundraiser Instructions

Dear 10th -12th grade MUN Student,

For twelve years, MUN students have sold poinsettia plants to raise funds for subsidizing their conference trips. This year's sale will begin Monday, October 4, and ends Wednesday, November 3. An easy fundraiser, last year students sold over 2,200 plants profiting \$13,000 to the program. One year, a student received a credit of \$1,700 to their MUN expense account simply by pre-selling these beautiful poinsettias to friends and family. Top sellers will be awarded with an additional credit to their accounts. The student who sells the most will receive a credit of \$30, the second \$20, and third \$10. Start selling now before friends and family purchase poinsettias elsewhere.

DESCRIPTION OF PLANTS

Two colors available – Red and White
Beautiful, healthy plants in 6-inch pots with decorative foil wrap
Cost is \$12.00

SELLING INSTRUCTIONS

Poinsettias will **ONLY** be sold through **PREPAID ORDERS** placed during the dates of the selling period October 4 - November 3.

ENVELOPES containing the following information will be distributed at the parent booster meeting. If your parents do not attend, please pick up your packet in the MUN classroom or go online and print all the necessary forms.

- **Instruction Sheet** – Share this information with your parents who will need to write your grand total check.
- **Sales Record Spreadsheet** – Record each customer's name, address, telephone number, email (optional), and color and quantity of plants ordered.
- **Receipt for Orders** – **All orders must be prepaid for at time of ordering by cash/check payable to you or your parents. You will then submit ONE CHECK payable to MCHS MUN for the GRAND TOTAL of all your orders.** Each customer should be given a receipt indicating student seller's name, telephone number, color and quantity of plants ordered, and amount paid. Make copies of receipt form ahead of time and use as needed.
- **Make and keep a copy of your order forms for plant delivery.**

No orders may be submitted after WEDNESDAY, NOV 3, 2010

Place SALES RECORD SPREADSHEET and ONE GRAND TOTAL CHECK in your envelope and deposit in Black Box in MUN classroom.

PICK UP POINSETTIA PLANT ORDERS FRIDAY, DEC. 3, 2010 at Hi View Inn & Suites, 100 S. Sepulveda Blvd. (between 2nd and Longfellow) from 10am-5pm. Poinsettias are fragile and should be delivered to purchasers immediately. If you are unable to pick up your order, you must arrange for someone else to do it for you no later than 5pm. **All students are responsible for delivering their own orders.**

QUESTIONS contact jankaiya@verizon.net or karenpowell56@gmail.com

2010 MUN Goldfish Booth Parent Volunteer Sign-Ups

Friday, October 1, 2010

Pick-up Truck and Driver 4:30 – 6:30 _____

Booth set-up 5:00 – 7:00 _____

Saturday, October 2, 2010

9:30 – 11:00 _____

11:00 – 1:00 _____

1:00 – 3:00 _____

3:00 – 5:00 _____

5:00 – 6:30 _____

Sunday, October 3, 2010

9:30 – 11:30 _____

11:00 – 1:00 _____

1:00 – 3:00 _____

3:00 – 5:30 _____

Pick-up Truck and Driver 5:00 – 7:00 _____

Take down Assistance 5:00 - 7:00 _____

Your Name _____

Home Phone _____

Parent of: _____

Email _____

Cell Phone _____

Please note the following:

- Parent Volunteer time, worked at the Hometown Fair Goldfish booth, is credited to your student's account. The amount will be determined following the calculation of the net proceeds after the Fair.
- **First come, first serve basis for volunteer signups (based on the submission of this signup, but only with the completed registration information).**
- Sign up for any times you are available in the order of your preference, but only one shift will be given to each family unless we need extra volunteers.
- Only 1 parent per shift will get Student Account credit even if both parents come.
- Please do not show up unless you receive confirmation of your time slot from the Goldfish Chair. If you are unable to make your confirmed shift, please contact the chairperson immediately.

QUESTIONS? Please contact: **Ruth Siltanen at (310) 546-8495 or Email ruth@siltanenpartners.com**

Please submit this form with your registration materials to the secure mailbox in Mr Timberlake's room or to Fran Schiff, 3504 Pine Avenue, MB. Please do not hand to Mr. Timberlake, Mr. Knutson, or another student. Thank you!

SUPPORT THE MIRA COSTA 2010 MODEL UN PROGRAM

BUY A BEAUTIFUL NOBLE FIR CHRISTMAS TREE



Grown in Monroe, Oregon and delivered fresh cut to the retail lot at 190th Street and Anza in Torrance (near the CVS Pharmacy and Starbucks).

Pick out your own tree between December 1st and December 7th..

5'-6' Noble fir	\$50	medium metal stand	\$15
6'-7' Noble fir	\$85	medium metal stand	\$15
7'-8' Noble fir	\$110	large metal stand	\$20
8'-9' Noble Fir	\$180	large metal stand	\$20
9'-10' Noble Fir	\$240	commercial stand	\$45
10'-11' Noble fir	\$300	commercial stand	\$45

Pick out your tree between 10:00am and 10:00pm from December 1st to December 7th at the Cherry Creek Farm Christmas Tree Lot at 190th St and Anza, Torrance.

If you already have a tree stand, bring it with you and they will gladly give you a fresh cut & put your stand on the tree you bought. If you need a stand, pre-order a reusable metal stand & water bowl as recommended above.

Bring your order form/receipt and a government issued photo ID to claim your tree.

For questions regarding Christmas Tree sales contact Sarah Armato at (310) 374-5244 or saraha911@aol.com



MIRA COSTA MODEL UNITED NATIONS BOOSTER CLUB

How you can help the booster club:

- 1) Volunteer - parent participation is welcomed. We have many different opportunities to assist with varying levels of time commitment – so we're sure we have one to suit you! This will save us an inordinate amount of time we'd spend calling everyone. Please contact Nancey Silvers Binkow to sign up and help out.
- 2) One of the biggest time-saving and financially beneficial things you can do to help us out is to turn in your forms and payments on time – by the due date! There is a secure mailbox in Mr. Timberlake's room where forms and checks can be deposited in lieu of being mailed. But please, have the forms and checks placed directly in the mailbox; do not hand them to Mr. Timberlake, Mr. Knutson or a fellow student. All registration forms and checks are to be turned in via this box throughout the school year. Hotels and airlines require group deposits and commitments in advance of the travel dates making it vital that we receive your forms and payments by the date due.
- 3) The price of an invitational travel Model UN trip is based on the number of students going thus invitations contain a "guesstimate" cost. When your student receives an invitation from Mr. Timberlake or Mr. Knutson, please make sure the student is able to attend before you accept the invitation. When a student says he/she can go and then backs out of the trip, it puts us in a financially difficult position. It is not always possible to substitute another student, as names on airline tickets are no longer readily changeable. Any withdrawing prepaid delegate will be responsible for rebooking fees incurred. In order for a student's name to be formally placed on the travel list, the invitation slip handed out by the teachers must be signed *by parent and student* and returned by the due date.
- 4) If you need financial assistance, please call Mr. Timberlake as soon as you receive the invitation or invoice. Do not wait until the date the payment is due. You can reach him by calling (310) 303-3350. Your request will remain confidential between Mr. Timberlake, Mr. Knutson and the executive board.
- 5) Read your emails from Model United Nations. If you are not receiving emails from us, we do not have your correct email address. (Please make sure our emails aren't getting caught in a spam filter.) If you do not receive a test email from Model UN by October 1, 2010, please email Fran Schiff at fschiff@msn.com and provide us your preferred email address. Make sure you include your name and your student's name in your email.

If you have any questions, please don't hesitate to contact the Executive Board members listed below. Thank you.

President:	Jennee Julius	jen.j@verizon.net
1 st VP of Volunteers	Nancey Silvers Binkow	nanceysilvers@aol.com
2 nd VP of Finance	Fran Schiff	fschiff@msn.com
3 rd VP of Travel	Anita Bhakta	anita.bhakta@verizon.net
Treasurer	Mary Anthony	beachanthony@verizon.net
Secretary	Andree Friedman	andreefriedman@me.com

FREQUENTLY ASKED QUESTIONS ABOUT INVITATIONAL TRIPS

How do I know if my child was invited on a trip?

Students are given an invitation by Mr. Timberlake and/or Mr. Knutson, with the dates of the trip and the estimated cost. In order to formally accept the invitation, the student AND parent must sign the bottom of the invitation and return it to the secure mailbox in the classroom by the due date shown on the invitation. Only those students returning their signed slips by the due date will be on the list submitted to the travel agent.

Why did we receive another invoice for a trip in excess of what was originally billed?

Trip costs are calculated a number of months in advance, based on the estimated overall cost of the trip, then divided by the number of students traveling. We try very hard to keep the cost per student as low as possible based on the actual cost of the trip. Sometimes we may come up short based on unforeseen increases after the trip had been initially priced. On these rare occasions, we may have to bill parents the additional, hopefully small, amount to cover the gap. "Small" for one student isn't small when multiplied by the number of students on the trip; therefore, the total amount would be too costly for the booster club to absorb.

Will I get a refund if my child cancels from a trip?

Refunds on trips are given on an individual case by case basis. For example, if a person has to drop out from a trip 14 days or closer to departure we will be unable to give a refund, even if that person is replaced. If the cancellation of a trip is outside of that time frame, refunds are based on how much the Model UN Booster Club can recover from possibly replacing that person with another Model UN student. Please be aware that airlines and hotels are continually instituting new policies and procedures on substitutions and refunds so it is difficult to set a definitive guideline for the entire school year.

Can I use mileage awards to cover airfare on a trip?

Unfortunately we are unable to do this because Model UN travel is booked as a group, with special group rates based on the amount of people traveling. Furthermore, the airlines will not add a person making an individual booking to the group. There would be the risk that if there were changes to the itinerary (ie, a cancelled flight) an individual booked separately might end up on a separate flight.

Can my child travel separately and join the group at a later time? Can my child leave the trip earlier?

We are unable to grant this request because of security and safety issues for a student traveling on an official school trip.

Mira Costa High School Model United Nations Registration 2010-2011

Welcome to Model UN!! The Model UN Booster Club Registration material is being distributed in class to the students, with all standard forms to be downloaded from the MUN website. All students must register, even if they are auditing the class.

Included in the packet handed out to your student is:

- Registration Letter
- Registration Invoice (with current Student Account balances)
- Contact Information (with last year's information - please update)
- UCLA Conference Student Waiver

Paperwork to be **DOWNLOADED** (at www.mchsmun.org, under "Registration 2010-2011")

- Travel Conference/Bowling Shirt Memo
- MUN Transportation Donation Fee Letter
- Mira Costa High School Athletic/Emergency Card
- MUN Hometown Fair Goldfish Booth Parent Volunteer Sign-Ups
- MCHS Student Code of Conduct
- Model United Nations Waiver
- Poinsettia Fundraiser Instructions
- Goldfish Booth Parent Volunteer Sign-Up Form
- MUN Christmas Tree Fundraiser Flier
- Model UN Booster Club Letter from the President
- Frequently Asked Questions about Invitational Trips
- Registration Letter (included in packet)
- Registration Invoice (completed form in registration packet, blank form is online, print only if the form in the packet is misplaced)
- Contact Information (completed form in registration packet, blank form is online, print only if the form in the packet is misplaced)
- UCLA Conference Student Waiver (form in registration packet, blank form is online, print only if the form in the packet is misplaced)

Please complete all forms and submit them by no later than **Friday, September 24, 2010.**

They may be:

- Delivered by your student to the secure mailbox in Mr. Timberlake's room; or,
- Mailed/delivered to Fran Schiff's mailbox 3504 Pine Ave, MB.

PLEASE DO NOT HAND THEM TO MR. TIMBERLAKE, MR. KNUTSON OR A STUDENT

Your completed packet should include:

- Completed Registration Invoice
- Checks: Registration (\$125), Transportation Donation (\$75), Bowling Shirt (\$40) optional, all made **payable to MCHS MUN**
- Updated Contact Information (please return even if preprinted info is correct)
- Completed Mira Costa HS Athletic/Activity Emergency Card (even if one has been filled out for another sport or activity)
- Signed MBUSD Student Code of Conduct
- Signed Model United Nations Waiver
- Signed UCLA Waiver
- Goldfish Booth Parent Volunteer Sign Up form (optional)

Questions? Please contact Fran Schiff at (310) 545-8799 or fschiff@msn.com. A huge thank you for your prompt completion of the all the registration material!

**MIRA COSTA MODEL UNITED NATIONS
REGISTRATION INVOICE 2010-2011**

To The Parents of:

Your Current Student Account Balance is: \$

MAIL TO THE ADDRESS LISTED BELOW or PLACE IN THE SECURE MAILBOX IN MR TIMBERLAKE'S ROOM (Please do not hand to Mr Timberlake, Mr Knutson, or a fellow student)

PARTICIPATION FEE: \$125

The \$125 Participation Fee is for bus transportation to local conferences and other booster club expenses. The Participation Fee is required of all MUN 10-12 grade students, including those students *auditing* Model United Nations. The Participation Fee is non-refundable. Your student can help offset the cost of MUN by earning funds for their student account via fundraising activities such as Goldfish Booth at Hometown Fair, Poinsettia and Christmas Tree sales. Parents can earn funds for their child's student account by participating in the Hometown Fair Goldfish Booth.

The \$125 Participation Fee must be received by **Friday, September 24, 2010.** You may use any *existing* Student Account money to pay this invoice.

Invitational conferences will be billed in full at the time the invitation is presented.

Scholarships are available from the Booster Club; please call Mr. Timberlake at (310) 303-3350 to apply.

Questions? Call: Fran Schiff (310) 545-8799 or fschiff@msn.com

(RETURN THIS BOTTOM PORTION WITH YOUR PAYMENT)

Make checks payable to: MCHS MUN Student Account Balance: \$

Place in the secure mailbox in Mr. Timberlake's room OR

Mail to: MCHS MUN Booster Club
c/o Fran Schiff
3504 Pine Avenue
Manhattan Beach, CA 90266

Participation Fee '10-'11	Total Participation Fee Due	\$125	
Bowling Shirt \$40 (only if applicable-see travel shirt memo for explanation)		_____	Circle Size S M L XL XXL
Total Due		_____	
Minus Student Account Money Used*		— \$ _____	
Total amount of Check		\$ _____	Check # _____

*Signature required for Student Account Usage: _____
(Signature of student or parent)

Remitted By:

MIRA COSTA MODEL UNITED NATIONS CONTACT INFORMATION 2010-2011

Please cross out any incorrect information and print, or add, correct information.
This form needs to be returned even if all the information shown below is correct.

STUDENT INFORMATION

Last name:

Full Legal First Name:

Home Telephone:

*Student Cell Phone:

Student Email:

Grade in School:

Model UN Class Period: (Please note if you are auditing MUN)

RESPONSIBLE PARENT OR GUARDIAN INFORMATION

(If there are two separate addresses, please include both; however, please indicate which address is to receive mail and invoices).

Last Name:

First Name:

Street Address:

City:

Zip Code:

Home Telephone Number:

Business Telephone:

Cell Phone Number:

**Email address:

*We ask for student cell phone information so that it is easier to compile contact lists for the teachers and chaperones for travel trips. We do not publish a directory.

**Your Email address is critical as MUN information is sent by Email. Some MUN notices will only be sent to the Email address(es) listed under "Responsible Parent", not the Student Email address. Please make sure that your spam blocker will allow Emails from webmaster@mchsmun.org.

Mid year Contact Updates:

If any of the contact information changes during the year, please notify Fran Schiff at fschiff@msn.com.

Participant's name: Please Print

UNIVERSITY OF CALIFORNIA,

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of being permitted to participate in any way in

hereinafter called "The Activity", I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** The Regents of the University of California, its officers, employees, and agents from liability **from any and all claims including the negligence of The Regents of the University of California, its officers, employees and agents**, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in The Activity.

Signature of Parent/Guardian of Minor Date Signature of Participant Date

Assumption of Risks: Participation in The Activity carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in The Activity. I hereby **assert that my participation is voluntary and that I knowingly assume all such risks.**

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney’s fees brought as a result of my involvement in The Activity and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

Signature of Parent/Guardian of Minor Date Signature of Participant Date
Participant's Age (if minor) _____ Vol Waiver 7/01